



shine

Bible Fellowship

Get Fit Summary

Shine is committed to making disciples that are released into our communities to bring the light of Jesus in areas of darkness.

A healthy, impactful disciple is one who is equipped to be a **Skilled Student of the Bible** (Nutrition), has a **Rich & Rewarding prayer life** (Power) and is a **Bold “Bringer”** - bringing people to Jesus & bringing Jesus to people (Endurance), among other things.

Additionally, a healthy, impactful disciple is one who is daily growing more selfless instead of selfish. One that values outreach more than in-reach.

Get Fit Goal

To equip every member to be self-fed and self-less.

1. Each member equipped and engaged in regular bible study, prayer/ worship & evangelism
2. Each member growing in selflessness through regular Outreach & Service

Get Fit Challenge

Self-Fed:

- Attend all 3 “101” equipping classes
- Participate in the 2024 church-wide reading plan
- Attend at least 4 Tuesday prayer nights
- Participate in a Spiritual Health Check-Up (Voluntary)

Self-Less:

- Participate in 1 outreach opportunity each quarter
- Part with 4 of your most valued possessions – Give Away, Donate or Sell and give money to Outreach